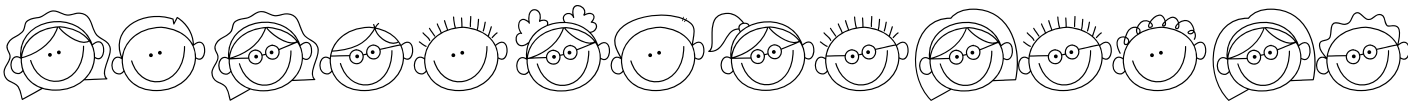


# IDEAS & ACTIVITIES AS YOU GET READY FOR

## K I N D E R G A R T E N



### LITERACY

- ☐ Sing the ABCs
- ☐ Read Everyday
- ☐ Read Nursery Rhymes
- ☐ Read Uppercase/Lowercase Letters (Match)
- ☐ Complete Puzzles
- ☐ Recognize First Name

### FINE MOTOR ACTIVITIES

- ☐ Color
- ☐ Play with Play Dough
- ☐ Practice Buttons and Zippers
- ☐ Practice Cutting
- ☐ Play Tug of War with a Popsicle Stick
- ☐ Use Tweezers to Pick Up Objects
- ☐ Play with Stickers
- ☐ Thread beads on String or Pipe Cleaners
- ☐ Trace Zig Zag Lines
- ☐ Squeeze Water out of Sponges
- ☐ Open Containers

### MATH

- ☐ Sort by Colors, Shapes, and Objects
- ☐ Play Board Games
- ☐ Count, Count, Count!
- ☐ Count with Objects
- ☐ Put Numbers in Order
- ☐ Make Patterns
- ☐ Read Numbers
- ☐ Sing Counting Songs

### LIFE SKILLS

- ☐ Practice a Morning Routine
- ☐ Practice a Bedtime Routine
- ☐ Share
- ☐ Take Turns
- ☐ Use Manners
- ☐ Sit and Listen to a Story
- ☐ Go to the Bathroom/Wash Hands
- ☐ Talk about Feelings
- ☐ Clean up Messes
- ☐ Practice Following One or Two Step Directions
  - ☐ Get your Sweatshirt and Put it On
- ☐ Have Conversations at Meal Times (Practice Turn Taking and Listening)
- ☐ Talk about School Transportation
  - ☐ Practice (Go to Bus Stop, Drive/Walk the Route to School)
  - ☐ Memorize Bus Number
- ☐ Eat Lunch out of their School Lunchbox
  - ☐ Practice Opening Containers
  - ☐ Set a Timer (so your child gets a feel for how much time they have to eat their lunch)

🍏 These activities do not have to be mastered before Kindergarten, just suggestions to do as you get ready for K.